



Black Isle Cares SCIO

Scottish Charity Number SC045371

Annual Report and Financial Statements

for the year

1 February 2016 to 31st January 2017

Report of the Trustees of Black Isle Cares SCIO

The trustees are pleased to present their report together with the financial statements for the year from 1st February 2016 to 31 January 2017.

Reference and Administrative Information

Charity Name

Black Isle Cares SCIO

Principal Address:

62 Feddon Hill
Fortrose
Ross-shire
IV10 8SP

Charity Trustees

Caroline Matheson
Angela Morrison (Secretary)
Peter Furniss ACMA CGMA (Treasurer)
Jeannie Armstrong
Brian Devlin
Dr. Simon Harrison
Genevieve Maciver
Graham Maciver
Dr. Ian McNamara
Jenye Monckton
Sheena Ross
Ann Wickens (until July 2016)
David Yarrick

Bankers

HSBC
50-52 High Street
Inverness
IV1 1JE

Independent Examiner

Mr Iain A C Brown OStJ BSc DipPFS
West Craig an Ron
Academy Street
Fortrose
IV10 8TW

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 23 January 2015. The organisation is a two tier structure that consists of members who have the right to attend member's meetings and who appoint people to serve on the board together with the Board who hold regular meetings and control the activities of organisation including its financial transactions.

Appointment of trustees

The Board normally meets monthly and trustees are elected at the Annual General Meeting which is held in March of each year. All charity trustees must be members and must retire from office at the AGM and then seek re-election (unless they express a wish not to be re-appointed) or have been debarred from membership under clause 55 of the Constitution. The maximum number of charity trustees is 15 and the minimum number is 5. Membership is open to any individual over the age of 18. Employees of the organisation are not eligible for membership and cannot be a trustee.

Objectives and Activities

Charitable purposes and objectives.

To provide relief to those in health or social care need by reason of age, ill-health, disability, rural isolation and other disadvantages. These objectives to be achieved by:

- Supporting adults with social needs and their carers
- Challenging the barriers surrounding the care of this group
- Identifying gaps in care provision and seeking ways to fill these.
- Increasing resources to provide for the needs of our target group

Activities

Last year we laid the foundations for the implementation of our Care at Home and Meals on Wheels Services. This year we are very pleased to be able to report that we have achieved their successful introduction.

Care at Home commenced in March 2016 and such has been the demand from the Black Isle community that, in conjunction with our partners Highland Home Carers, we are now providing over 700 hours of service every two weeks. Over thirty part time carers are now employed covering most areas of the Black Isle and it is gratifying that their high levels of commitment and service have already resulted in a string of testimonials.

After a trial run in early May 2016, the Meals on Wheels service commenced in mid May 2016. This is very much a "home grown" community product. Our grateful thanks are made to four local restaurants providing the meals - namely the Eileen Dubh, Fortrose Café, McBains Catering at Fortrose and Rosemarkie Golf club and Jaki's Chip Shop. Their community spirit have played such an important part to the success of this operation. However our biggest thanks goes to our volunteers who, whatever the weather turn out three times a week to deliver and serve those who need a little extra help in the community.

Their visits are such an important part of the recipients lives and they receive absolutely nothing in return save for the pleasure of do so. We serve an average of 75 meals per week – a total of about 2,400 to the end of January 2017. It is a testament to everyone's hard work that we are delighted to report that we were the winners in the Highland Partnership Category in the prestigious Highland Third Sector Awards 2016 announced in August 2016.

The roll out of these services has provided tremendous challenges to all trustees and staff. We have had to make up the rules as we gone along and naturally we have made some mistakes. However we have been encouraged by the response of the Community whose generosity has helped to ensure that any funding we have needed has so far been found. The amount of administrative work involved to ensure that everything works well is immense and this means that we have now rented accommodation within the Fortrose Leisure Centre. As well as providing accommodation for Black Isle Cares it is intended that this area should also be used by other local charities and as a possible drop in centre.

Financial Review

The charity currently relies entirely on fund raising activities, donations and funding grants from other charities. It has been very successful during the current year demonstrating the hard work of our fund raising Trustee, David Yarrick, and the tremendous support from within the community. During the year we received grants from the following organisations:

Highland Council, Robertson Trust, Cairn Housing, Albyn Housing, Caring and Sharing, Voluntary Action Fund, and the Scottish Council for Voluntary Organisations. Our grateful to them all.

Although not forming part of the current year accounts, we are delighted to announce that we have been awarded a £3,000 grant that pupils from Fortrose Academy secured as part of the Youth and Philanthropy Initiative. Representatives from the Academy will be attending the AGM and their short video produced as part of their presentation will be shown at the end of the main part of the meeting. Congratulations to all concerned.

Future Plans

In the next twelve months, the main focus will be on consolidating the Care at Home and Meals on Wheels Services. At the end of March, the Meals on Wheels on service will be expanded to include Munlochry with North Kessock following on later in the year.

Board of Trustees
Black Isle Cares
28 February 2017

Independent Examiner's Report to the Trustees of Black Isle Cares

For the Period Ended 31 January 2017

I report on the financial statements of the charity for the period ended 31 January 2017 which are set out on pages 5 to 8.

Respective responsibilities of Trustees and examiner

The Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ('the 2005 Act') and Charities Accounts (Scotland) Regulations 2006 (as amended) ('the 2006 Regulations'). The Trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the 2005 Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

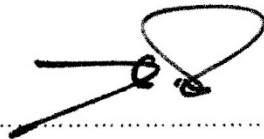
My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention :-

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Iain A C Brown OStJ BSc Dip PFS
West Craig an Ron
Academy Street
Fortrose
IV10 8TW

Date : 24 April 2017

Black Isle Cares

Statements of Receipts and Payments for the period ending 31 January 2017

		2016- 2017			Last Year
	Notes	Un-restricted £	Restricted £	Total £	£
Receipts					
Donations	7	5,196	0	5,196	1,409
Receipts from Fundraising Activities	8	2,155	0	2,155	1,606
Receipts from Investments	9	0	0	0	0
Other Income	10	15,262	0	15,262	8,800
		22,613	0	22,613	11,815
Payments					
Payments Relating to Charitable Activities	11	14,065	0	14,065	2,403
Grants and Donations	12	0	0	0	0
Governance Costs	13	0	0	0	0
		14,065	0	14,065	2,403
Surplus/(Deficit) for Year		8,548	0	8,548	9,412

The notes on pages 7 & 8 form an integral part of these accounts and provide further analysis of the above figures.

Black Isle Cares
Statement of Balances as at 31 January 2017

	<u>Notes</u>	2016- 2017		<u>Total</u>	Last Year
		<u>Un-restricted</u>	<u>Restricted</u>		
		£	£	£	£
Funds Reconciliation					
Cash and bank					
Balance at Beginning of Period		9,412	0	9,412	0
Surplus/(Deficit) for Period		8,548	0	8,548	9,412
Balance as at 31.01.17		<u>17,960</u>	<u>0</u>	<u>17,960</u>	<u>9,412</u>
Equipment & Investments					
Market value at Beginning of Period	4	0	0	0	0
Written-Off		0	0	0	0
Disposals		0	0	0	0
Market Value at End of Year	4	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Total Assets		<u>17,960</u>	<u>0</u>	<u>17,960</u>	<u>9,412</u>
Fund Balances					
At Beginning of Period		9,412	0	9,412	0
Total Surplus/(Deficit) for Period		8,548	0	8,548	9,412
Movement in Investments		0	0	0	0
Balance as at 31.01.17		<u>17,960</u>	<u>0</u>	<u>17,960</u>	<u>9,412</u>
Restricted Funds					
Balance Brought Forward			0		0
Movement for the Year			<u>0</u>		<u>0</u>
Balance Carried Forward			<u>0</u>		<u>0</u>
Cash			0		0
Investments			<u>0</u>		<u>0</u>
			<u>0</u>		<u>0</u>

The notes on pages 7 & 8 form an integral part of these accounts.

Statement of the Trustees

The accounts as laid out on pages 5 to 8 of these Financial Statements were approved by the Board of Trustees on the 25th day of April 2017

Carlie A H Matheson

Chair of Trustees
Signed On Behalf of the Board

PAR J...

Treasurer
Signed On Behalf of the Board

Black Isle Cares

Notes to the Accounts for the period ended 31 January 2017

1 Basis of Accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific capital purposes, primarily building projects. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3 Related Party Transactions

No remuneration or expenses were paid to any trustees, or to any connected persons during the year

4 Equipment & Investments

During the year Black Isle Cares acquired a laptop computer and peripheral equipment at a cost of £593 for use by the Care at Home co-ordinators. It currently has no investments.

5 Grants and Donations

Black Isle Cares has made no grants or donations in the period.

Details of Grants and Donations received are shown in paragraphs 6 and 8 on page 8. Grants received relate to expenditure in the years 2016-17 and 2017-18

Black Isle Cares

Notes to the Accounts for the Period ended 31 January 2017

	2016- 2017			Last Year
	<u>Un-restricted</u>	<u>Restricted</u>	<u>Total</u>	
	£	£	£	£
6 Donations Received				
Membership Donations	570	0	570	235
Donations by Trustees	200	0	200	655
Specific for Care at Home	2,105	0	2,105	0
Community Council Carol Service	390	0	390	0
Fortrose Free Church Christmas Service	260	0	260	0
Other	1,671	0	1,671	519
	<u>5,196</u>	<u>0</u>	<u>5,196</u>	<u>1,409</u>
7 Receipts from fund raising activities				
North Kessock Market	145	0	145	77
Collection Boxes in local stores etc.	158	0	158	0
Stalls at local Events etc	854	0	854	424
Specific Social Events	998	0	998	1,105
	<u>2,155</u>	<u>0</u>	<u>2,155</u>	<u>1,606</u>
8 Other Income				
Robertson Trust	4,000	0	4,000	0
Cairn Housing	1,700	0	1,700	0
Voluntary Action Fund	1,000	0	1,000	0
Scottish Council for Voluntary Organisations	3,562	0	3,562	0
Ward Discretionary Fund Grant	2,000	0	2,000	2,000
Grant by Caring & Sharing Highland Charity	3,000	0	3,000	6,800
	<u>15,262</u>	<u>0</u>	<u>15,262</u>	<u>8,800</u>
9 Payments Relating to Charitable Activities				
Care at Home direct costs	2,724	0	2,724	0
Meals on Wheels net direct costs	8,132	0	8,132	0
Consultants Fees	975	0	975	2,000
Office Rental Costs	480	0	480	0
Website development	1,035	0	1,035	46
Telephone & Broadband Costs	299	0	299	0
Launch Workshops	0	0	0	142
Trustee Meetings Room Costs	187	0	187	215
Other Administrative Costs	233	0	233	46
	<u>14,065</u>	<u>0</u>	<u>14,065</u>	<u>2,449</u>
10 Grants and Donation made				
None in Period	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
11 Governance Costs				
Independent Examiners Fee	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>